



Elizabethtown & Bardstown Pediatrics

Elizabethtown Pediatrics
103 Financial Dr. Ste. 100
Elizabethtown, KY 42701
(270) 769-0110

Bardstown Pediatrics
118 Patriot Dr. Ste. 204
Bardstown, KY 40004
(502) 337-6125

What is diarrhea and what do you do for it?

There are two different types of diarrhea. Acute diarrhea, which can last 2-3 days. Chronic diarrhea which can last more than 2 weeks. Treatment varies, depending on the type of diarrhea. Diarrhea is often the bodies way of riding itself of a virus or parasite. First and foremost you should maintain hydration. Fluids are key in that they help the body regulate and rid itself of bacterial and viral infections.