



Elizabethtown & Bardstown Pediatrics

Elizabethtown Pediatrics
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What are signs of dehydration?

- Thirst
- Weakness, Feeling tired or faint
- Dark colored urine
- Dry skin, Dry mouth
- No tears when crying
- Sunken cheeks or eyes
- Irritability
- No wet diapers for 4-6 hours or more

How is it treated?

- Increase fluid intake.
- If diarrhea persists, call and schedule an appointment.
- The doctor will then try to find out what is causing it.
- The doctor will need to know your child's symptoms and medical history.
- The doctor may need to take tests to determine the nature of diarrhea.
- Depending on the nature, some cases can be treated with antibiotics, but not all.
- Take steps to prevent dehydration.
- Give your child an oral rehydration solution such as Pedialyte. It can be bought at the store without a prescription.
- Avoid caffeine, soft drinks, and too many sports drinks.
- Talk to your doctor before giving your child any over-the-counter medicines.

When should I call the doctor?

- If your child has extreme or very painful symptoms, call the doctor.
- Call your doctor before giving your child any over-the-counter medicines.
- Call your doctor if you have any questions or concerns.