

General information about allergy injections

Immunotherapy is intended to reduce allergic sensitivities through a series of injections given weekly. The kinds, number and frequency will depend on your particular symptoms, examination and test results.

Allergy injections are started at a low dosage. The strength of injections gradually increases over a period of months, until you reach your “maintenance” dose. You will then continue your injections at this level.

Symptom improvement will be gradual. About 85% to 90% receive a significant reduction of symptoms. Improvements usually occur over a period of 3 to 6 months. The maximum benefit may not be reached until 12-24 months into treatment.

Immunotherapy treatment duration varies greatly. The minimum treatment period for most patients is three to five years, but in many cases longer periods of treatment may be needed. Injections should be continued until about one year beyond the time when allergic symptoms have come under control. Thus, the duration of treatment is individualized.